

FALL 2025 WEEKLY SCHEDULE

MONDAY

OPEN HOURS

12:30 - 4:30PM

TUESDAY

JNST 00D1

Taught by Professor Pat Geary
10:50AM - 12:05PM

OPEN HOURS

12:30 - 4:30PM

WEDNESDAY

COMMUNITY YOGA CLASS

Led by Professor Pat Geary
8:30 - 9:30AM

MIDDAY SPECIAL EVENT

Check the events schedule for more details
12:15 - 1:00PM

OPEN HOURS

12:30 - 4:30PM

THURSDAY

JNST 00D1

Taught by Professor Pat Geary
10:50AM - 12:05PM

OPEN HOURS

12:30 - 4:30PM

BUDDHIST MEDITATION

Led by Valerie Cusson
6:15 - 7:00PM

ALL STUDENTS, STAFF, FACULTY ARE WELCOME AT OPEN HOURS & FREE COMMUNITY EVENTS.

UNIVERSITY STUDENTS CAN REGISTER FOR ACADEMIC COURSES VIA SELF SERVICE, COURSE AVAILABILITY MAY VARY.

OPEN HOURS DEPEND ON STAFF AVAILABILITY - PRIVATE PRACTICE CAN BE ARRANGED.

QUESTIONS?