

According to Gardner, all human beings have at least eight different types of intelligence. Depending on your background and age, some intelligences are likely to be more developed than others. This activity will help you find out what your intelligences are. Knowing this, you can work to strengthen the other intelligences that you do not use as often. Put a check mark next to the items that apply to you.

**VERBAL/LINGUISTIC INTELLIGENCE**

- I enjoy telling stories and jokes.
- I enjoy word games (for example, Scrabble and puzzles).
- I am a good speller (most of the time).
- I like talking and writing about my ideas.
- If something breaks and won't work, I read the instruction book before I try to fix it.

**LOGICAL/MATHEMATICAL INTELLIGENCE**

- I really enjoy my math class.
- I like to find out how things work.
- I enjoy computer and math games.
- I love playing chess, checkers, or Monopoly.
- If something breaks and won't work, I look at the pieces and try to figure out how it works.

**VISUAL/SPATIAL INTELLIGENCE**

- I prefer a map to written directions.
- I enjoy hobbies such as photography.
- I like to doodle on paper whenever I can.
- In a magazine, I prefer looking at the pictures rather than reading the text.
- If something breaks and won't work, I tend to study the diagram of how it works.

**BODILY/KINESTHETIC INTELLIGENCE**

- My favorite class is gym because I like sports.
- When looking at things, I like touching them.
- I use a lot of body movements when talking.
- I tend to tap my fingers or play with my pencil during class.
- If something breaks and won't work, I tend to play with the pieces to try to fit them together.

**MUSICAL/RHYTHMIC INTELLIGENCE**

- I enjoy listening to CDs and the radio.
- I like to sing.

- \_\_\_ I like to have music playing when doing homework or studying.
- \_\_\_ I can remember the melodies of many songs.
- \_\_\_ If something breaks and won't work, I tend to tap my fingers to a beat while I figure it out.

**INTERPERSONAL INTELLIGENCE**

- \_\_\_ I get along well with others.
- \_\_\_ I have several very close friends.
- \_\_\_ I like working with others in a group.
- \_\_\_ Friends ask my advice because I seem to be a natural leader.
- \_\_\_ If something breaks and won't work, I try to find someone who can help me.

**INTRAPERSONAL INTELLIGENCE**

- \_\_\_ I like to work alone without anyone bothering me.
- \_\_\_ I don't like crowds.
- \_\_\_ I know my own strengths and weaknesses.
- \_\_\_ I find that I am strong-willed, independent, and don't follow the crowd.
- \_\_\_ If something breaks and won't work, I wonder whether it's worth fixing.

**NATURALIST INTELLIGENCE**

- \_\_\_ I am keenly aware of my surroundings and of what goes on around me.
- \_\_\_ I like to collect things like rocks, sports cards, and stamps.
- \_\_\_ I like to get away from the city and enjoy nature.
- \_\_\_ I enjoy learning the names of living things in the environment, such as flowers and trees.
- \_\_\_ If something breaks and won't work, I look around me and try to see what I can find to fix the problem.

A verbal/linguistic learner likes to read, write, and tell stories and is good at memorizing information. A logical/mathematical learner likes to work with numbers and is good at problem-solving and logical processes. A visual/spatial learner likes to draw and play with machines, is good at puzzles, reading maps and charts. A bodily/kinesthetic learner likes to move around and is good at sports, dance, and acting. A musical/rhythmic learner likes to sing and play an instrument and is good at remembering melodies and noticing pitches and rhythms. An interpersonal learner likes to have many friends and is good at understanding people, leading others, and mediating conflicts. Intrapersonal learners like to work alone, understand themselves well, and are original thinkers. A naturalistic learner likes to be outside and is good at preservation, conservation, and organizing a living area. You can use your intelligences to help you make decisions about a major, choose activities, and investigate career options. Which intelligences best describe you?

Gardner, J.N., Jewler, J.A., & Barefoot, B.O. (2011). *Your College Experience: Strategies for Success*. New York: Bedford/St.Martins.